

SPECTACULAR VIEWS OF PENDLE HILL
AND A MEANDER THROUGH SABDEN

WALKS
with
Taste
in Ribble Valley — E



Distance: 8km / 5miles

Time: 2 to 2½ hours

Challenging: long steady climb and a little wet in a few places.



BEST WESTERN
HIGHER TRAPP
COUNTRY HOUSE HOTEL



BEST WESTERN HIGHER TRAPP HOTEL

Set in 36 acres of beautifully maintained gardens the Best Western Higher Trapp Hotel is full of charm, comfort and luxury.

Located in the picturesque village Simonstone and with Pendle Hill, the historic town of Clitheroe and the Yorkshire Dales only a 20 min drive away, our country hotel is the ideal base to explore the Ribble Valley.

Surrounded by some of the UK's most stunning scenery our country hotel is also the perfect choice for walking and cycling breaks.

Fitzy's at the Trapp, our on-site restaurant, has been stylishly refurbished to create a cosy and relaxing environment, oozing with charm.

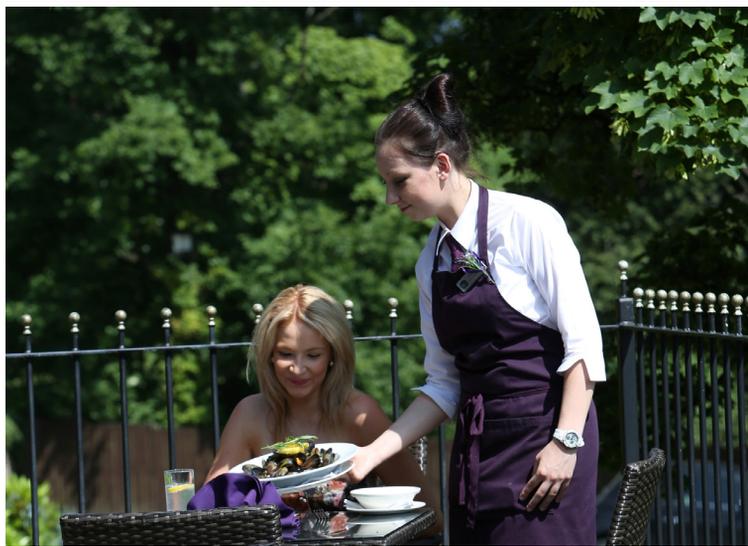
Our mouth-watering menu of home-cooked and locally sourced food offers a variety of dishes that are lovingly prepared by our Head Chef. To compliment your meal choice we also serve a selection of cask ales and fine wines.

Our commanding hillside position ensures a stunning view and the outdoor terrace enables you to truly appreciate the breathtaking surroundings.

**Best Western Higher Trapp Hotel,
Trapp Lane, Simonstone BB12 7QW.**

Tel: 01282 772781

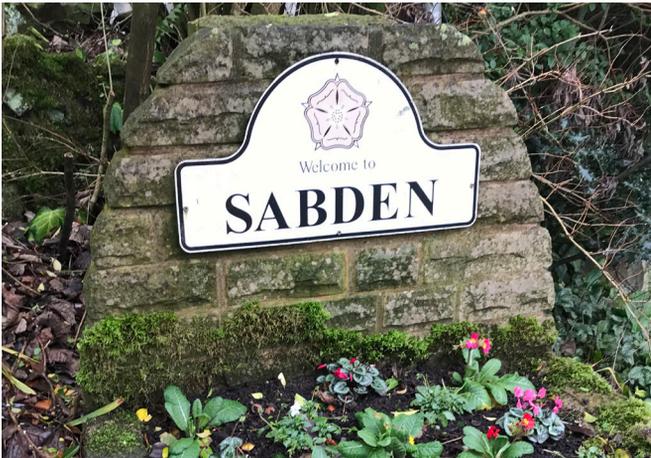
In order to avoid disappointment, when planning to enjoy this walk with taste experience, it is recommended that you check opening times and availability of the venue in advance.





THE ROUTE

1. From the main entrance to Higher Trapp, walk cautiously down the hill to the crossroads and turn left. Walk along this lane past the sawmill, and then on your left you will find the footpath signposted. Over the stone stile and across the corner of the field to the next stile, continue straight across next field, crossing over a track and straight over the field to enter woods over stone steps in the wall.
2. The path continues through this beautiful old beech wood to a kissing gate on the other side. Continue straight across the next field to gate between buildings. Through this gate, take the track to the left and continue to the stile on your left after the house. Follow this path straight up the hill and take the right hand gate at the next boundary. Continue straight up the hill keeping the trees and old wall to your left and at the top, continue straight on, using the small gate to the left. Continue along with the wall on your right and the path will reach the road.
3. Cross the road and, ignoring the footpath sign, continue straight on to the right of the fence ahead, which is a much drier option. Cross the next stile over a fence and then just continue straight on along a meandering path down the hill to Sabden. After the path meets the road at the start of the village, continue down through the village taking the bridleway just before the bridge over the river. (At this point you may choose to deviate a while to look around the village and then return to this point)



This route has been described on a certain date in time, and it is possible that certain physical changes may occur over time. In particular, old stiles may be changed for gates.

4. Follow the bridleway along a short winding lane, until it meets a road. Carry straight on keeping the terraced houses on your left. Pass the bowling green and at the crossroads turn left, then passing the school and the old mill. Continue up the track to a T junction and turn right.



5. Continue along this next track in a straight line for some way, and when the track veers right to the farm just continue straight on, across the field, which eventually leaves the fence on your right veering slightly to the left across the final field. After you have passed through the stile/gate, the path joins a tarmac drive which you follow up the hill to the road.
6. When the drive meets the country lane, turn right, and you will find the next path along on your left. Taking this path, continue straight up over the hill and down to meet another tarmac drive. Turn right, and walk through the farm, following the road down the hill, passing New Hall House.
7. When the tarmac drive eventually meets the lane, turn left and walk along the lane until you reach the cross roads. Almost back now walk cautiously back up the hill to the Higher Trapp Hotel.

WALKS WITH TASTE SPONSOR



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ON THIS WALK WITH TASTE



Admire spectacular views of Pendle and the South Pennines as you pass through pastoral countryside. The trees along the route are also particularly interesting, with the route passing through beautiful old beech woods on the lowland following the shapes of weathered trees on the high ground.



PARKING

The Higher Trapp Hotel,
Trapp Ln, Simonstone
BB12 7QW

MAPPING

Grid Reference SD 776356
OS Explorer OL41,
OS Landranger 103

DOG-FRIENDLY

Livestock will be grazing in most of the fields, so keep dogs under close control and ideally on a lead.



Discover more Walks with Taste at
www.visitribblevalley.co.uk

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